



BRIDGES & PATHWAYS

beyond chronic illness

ABN 29 248 878 249

'Consumers & Providers working together to improve services'

P.O. Box 793, Blackwood, Adelaide, South Australia 5051

bpprojects02@gmail.com

Phone 0447 133 682

www.bridgesandpathways.org.au

Charitable Licence No CCP2731

FUNDRAISING OPPORTUNITIES

Bridges and Pathways Institute Inc. continues to work for real solutions, research innovations and improved patient care for ME/CFS, Chronic Fatigue Syndrome, Fibromyalgia chronic pain syndrome.

Our 2017 flagship project is the much needed multidisciplinary 'best practice' General Practice Specialist clinic. This centre will also be a one stop shop for several research projects into the latest tests and biomarkers from international research.

For more details see page 2. - ME/Chronic Fatigue Syndrome/Fibromyalgia Clinic and Research Fund

We continue to fundraise through GiveNow for our ongoing projects:

- Tracey Ash Memorial Fund
www.givenow.com.au/bridgesandpathways3
- Fibromyalgia Knowledge and Support Fund
www.givenow.com.au/bridgesandpathwaysknowledgefund
- ME/CFS Clinic and Research Fund
www.givenow.com.au/bridgesandpathwaysclinicfund
- May 12 Awareness Fund
www.givenow.com.au/bridgesandpathways

And through a range of activities, such as:

- Grants
- Donations
- Book sales (including Fundraising packs)
- The People's Choice Credit Union Community Lottery
- Entertainment book sales

GRANTS

During 2016, none of the university research projects received funding. We continue to regularly write grants for projects and seek funding from government and non-government funders. We are encouraged because businesses are interested in the new Clinic, but to keep control over the outcomes and future cost of services, we need to raise a share of the funds.

B&P Fundraising Opportunities May17

We gratefully acknowledge all our supporters, large or small, and our valued volunteer team.

Our license is renewed annually and we are nationally registered by the ACNC (Australian Charities and Not-For-Profits Commission).

PEOPLE'S CHOICE COMMUNITY LOTTERY

is an opportunity to raise funds for our Clinic & Research Centre. We receive 100% of all money collected on our ticket sales. Books of 10 tickets are available, the tickets are just \$2 each. It's easy to ask your friends to help ME/CFS and Fibromyalgia because of the low cost and also they have the opportunity to win some wonderful prizes. Please contact us if you can sell any books.

Books are available from Sandy

bpprojects02@gmail.com

Tickets are also available online through

www.peopleschoicecu.com.au/bridges-and-pathways-institute-inc

All tickets must be sold by 31st August

ENTERTAINMENT BOOKS

Once again we are selling the well-known South Australian Entertainment Books. At first this seemed an impossibility because many of us never go out, but there are coupons for groceries and other services that add up to more value than the \$70 cost. We have been surprised how many friends buy the books. If any of your friends buy one this year from us, they will not only have hundreds of dollars' worth of eating out and entertainment vouchers, but help us towards our Clinic goal.

Both books and digital memberships can be purchased directly online – visit

www.entbook.com.au/9a32967

For more information contact Sandy at

bpprojects02@gmail.com



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BOOK SALES

For those asking about books to share with their friends or health providers, we still have a few of our Fibromyalgia and ME/CFS discounted packs. The books are at cost price, and include the following packs:

- **ME/CFS Fundraiser Pack 1** \$37.50 incl. post
- **ME/CFS Fundraiser Pack 2** \$28.50 incl. post
- **Fibromyalgia Fundraiser Pack 1** \$37.00 incl. post
- **Fibromyalgia Fundraiser Pack 2** \$37.00 incl. post

To purchase the packs contact

bpprojects02@gmail.com

ME/Chronic Fatigue Syndrome /Fibromyalgia Clinic and Research Fund May 2017

Website: <http://www.bridgesandpathways.org.au/>

Email: bpprojects02@gmail.com

Bridges and Pathways is raising money to establish the South Australian ME/CFS Fibromyalgia Clinic & Research Centre as a one stop shop to co-ordinate research and services for the one million Australians living with the physical conditions of ME/CFS and Fibromyalgia.

The multi-agency multidisciplinary Centre involves several agencies co-locating at the Tonsley South Australian Innovation Precinct. It brings together data from 18 years of collaborations between General Practitioners, researchers, other healthcare providers and patient groups to provide patient-centred, best practice multidisciplinary services.

A major priority for the first 2 years will be a General Practice multi-pronged management pilot that will include new tests and treatments from overseas and the private sector to demonstrate improved health outcomes.

The Centre will co-ordinate/support research projects fast tracking new tests and biomarkers.

B&P Fundraising Opportunities May17

A major priority of the Clinic will be to train more providers and to help Australian patients meet the National Disability Insurance Scheme and Centrelink assessment criteria.

How will the funds be used?

Your donations will be used to:

- set up and maintain a multidisciplinary clinic
- supplement the costs of care not covered by Medicare
- validate new research tests linked to treatments
- improve access to various allied health services
- provide centralised care planning and management coordination for welfare and other services
- evaluate and improve the services
- keep doctors and practice nurses informed of the latest treatments
- provide ongoing support to research

All donations are tax deductible

Will I receive a receipt for my donation?

Yes, a receipt will immediately be sent to you via email when approved.

Donate to: **ME/Chronic Fatigue Syndrome/Fibromyalgia Clinic and Research Fund**

Direct Debit:

BSB 805 050

Account 4342192

Name: Bridges & Pathways

Please do whatever you can to help with our fundraising activities.

For more information, email bpprojects02@gmail.com or phone 0447 133 682